# Biases Mitigation and Expressiveness Preservation in Language Models: A Comprehensive Pipeline (Student Abstract)

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### Abstract

Pre-trained language models (PLMs) have greatly transformed various downstream tasks, yet frequently display social biases from training data, raising fairness concerns. Recent efforts to debias PLMs come with limitations: they either fine-tune the entire parameters in PLMs, which is timeconsuming and disregards the expressiveness of PLMs, or ignore the reintroducing biases from downstream tasks when applying debiased models to them. Hence, we propose a twostage pipeline to mitigate biases from both internal and downstream contexts while preserving expressiveness in language models. Specifically, for the debiasing procedure, we resort to continuous prefix-tuning, not fully fine-tuning the PLM, in which we design a debiasing term for optimization and an alignment term to keep words' relative distances and ensure the model's expressiveness. For downstream tasks, we perform causal intervention across different demographic groups for invariant predictions. Results on three GLUE tasks show our method alleviates biases from internal and downstream contexts, while keeping PLM expressiveness intact.

## Introduction

Pre-trained Language Models (PLMs) excel in diverse natural language tasks due to their training on extensive data. However, prior studies have revealed that PLMs inadvertently encode and propagate social biases from their unfiltered pre-training data. Take gender bias as an example: the PLM is more inclined towards associating male (female) attributes with programmers (nurses). Several solutions for mitigating the social biases have been proposed, including: (1) Post-hoc-based method add a post-training step to these sentence representations before applied to downstream tasks, including removing the estimated genderdirection subspace from sentence representation (Liang et al. 2020), or use pre-defined word tuples combine specific techniques to debias text encoder for a fair sentence representation (Cheng et al. 2021). (2) Fine-tuning-based models use specific loss terms to guide a PLM to remove biases, including distribution alignment loss for debiasing embedding space (Guo, Yang, and Abbasi 2022); orthogonal loss aims to promote irrelevance between stereotyped words and gender-specific words (Kaneko and Bollegala 2021), etc.



Figure 1: Our comprehensive debiasing pipeline.

Current debiasing methods for PLMs have shown promise but grapple with notable challenges: (1) demanding timeconsuming to fine-tune entire parameters in PLMs; (2) disregarding the expressiveness of PLMs, which could potentially disrupt PLM's computational structure and undermine the benefits of pre-training; (3) reintroducing biases from downstream tasks into PLMs when applying debiased models to those tasks. Hence, we present a new two-stage pipeline that aims to simultaneously preserve the PLMs' expressiveness and mitigate biases from both internal and downstream contexts. As shown in Figure 1, in first stage, we keep PLM's parameter frozen, and only train the continuous prefix to reduce the magnitude of trainable parameters, towards mitigating internal bias and meanwhile preserving expressiveness. In second stage, we perform causal interventions on different demographic groups to eliminate the biases from downstream contexts.

### Method

Let  $W_n$  and  $W_{a_i}$  denote the pre-defined *neutral* and *attribute* words tuples, where  $i = 1, \ldots, d$  denotes the index of attributes types (e.g., d = 2 in binary gender case); we scrape natural sentences (i.e.  $S_n$  and  $S_{a_i}$ ) from News-Commentary v15 corpora containing at least one word in  $W_n$  or  $W_{a_i}$  for covering the diversity of demographic groups that reflects better with the real world. A fair PLM should offer equal attention to all groups without discrimination. To assess a model's perspective on various groups, we first extract embeddings for neutral words  $e^n$  and each stereotypical group  $e_{a_i}$ :

$$e_{n} = \mathcal{M}_{\Theta}\left(\mathcal{S}_{n}\right), e_{a_{i}} = \mathcal{M}_{\Theta}\left(\mathcal{S}_{a_{i}}\right)$$

where  $e_n = [e_n^1, e_n^2, \ldots]$ ,  $e_{a_i} = [e_{a_i}^1, e_{a_i}^2, \ldots]$  denote the neutral and attribute words embedding matrix extracted

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from the associated neutral and attribute sentences, respectively, and  $\Theta$  denotes the original parameters from a PLM  $\mathcal{M}$ . Then, we proceed with our two-stage debiasing pipeline.

• **Debiasing the PLM**: We seek to mitigate *internal* biases by minimizing the Wasserstein distance between pairwise attribute words and neutral words, i.e., effectively pushing pairwise attribute words closer to neutral word cluster:

$$\ell_{in\_bias} = \sum_{i,j \in \{1,\dots,d\}, i < j} \left\{ D_{wass} \left( P_{a_i} \| P_{a_j} \right) \right\}$$

where  $P_{a_i}$  represents the distance from  $E_{a_i} = \text{Aver}(e_{a_i})$ , which the average of attribute  $e_{a_i}$  to all neutral words  $e_n$ .

Prior studies have shown that debiasing can potentially damage the model's expressive ability. To mitigate this impact on PLM and preserve its benefits obtained from pretraining, we devise a KL divergence term to keep PLM's parameters unchanged before & after the debiasing procedure:

$$D_{KL}(\mathcal{M}_{\Theta}(\mathcal{S}) \| \mathcal{M}'_{\Theta}(\mathcal{S}))$$
  
=  $\sum_{i=1}^{\|V\|} \sum_{j=1}^{\|V\|} \mathcal{M}_{\Theta}(\mathcal{S})_{ij} \log_2\left(\frac{\mathcal{M}_{\Theta}(\mathcal{S})_{ij}}{\mathcal{M}'_{\Theta}(\mathcal{S})_{ij}}\right)$ 

where V is the vocabulary size, and  $\mathcal{M}_{\Theta}(S)_{ij}$  is a probability distribution matrix obtained from  $\mathcal{M}$  that quantifies the degree to which the word  $w_i$ 's information can be restored from the word  $w_j$ .  $\mathcal{M}'_{\Theta}$  is short for  $\mathcal{M}_{\theta_p \cup \Theta}$  as the debiased model.  $\ell_{re}$  measures the differential between the original model's and the debiased model's hidden states.

In practice, instead of fine-tuning the entire PLM, we provide a set of continuous trainable prefixes  $\theta_p$  before the language model's parameters as extra hints for optimization. The whole prefix-tuning loss for debiasing is as follows:

$$\min \mathcal{L}_p = \ell_{in\_bias} + D_{KL}$$

• Fine-tuning downstream tasks: When applied to downstream tasks, existing methods ignore new bias reintroduced into PLM, which neutralizes the impact of above debiasing. Hence, we propose a casual-inspired *d*-intervention on original sentence  $X_o$  from downstream stereotype groups, so the augmented datasets can be obtained:

$$X_a = X_o \cup X_c,$$

where  $X_c$  denotes counterfactual sentences via performing attribute word counterfactual augmentation. The risk under the *n*-interventional distribution is:

$$\mathcal{R}(\mathcal{M}(X_a), Y \mid do(N=n)) = \mathbb{E}_{C=m_C(x), N=n} l(\tilde{y}, y),$$

except for task prediction loss (i.e.,  $\mathcal{L}_t$ ), the PLM is required to predict the same results on  $X_o$  and  $X_c$ , which have equivalent semantics but different attribute words:

$$\min \mathcal{L} = \mathcal{L}_{\mathsf{t}} + \mathbb{E}_n(\mathcal{R}) + \operatorname{Var}_n(\mathcal{R}),$$

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## **Experiment**

For the gender bias evaluation, we report three stereotype scores on SEAT (6, 7, 8), Stereotype Score (SS), and CrowS-Pairs. For the expressiveness of PLM, we evaluate

	Orig.	Context-Debias	Ours
C6	0.121	0.378	0.023
C7	0.253	-0.091	0.166
C8	-0.331	-0.038	0.007
LMS	90.441	84.420	90.019
SS	64.300	59.657	61.028
CrowS-Pairs	60.34	43.57	53.32
Acc. (SST-2)	0.924	0.927	0.933
Acc. (RTE)	0.527	0.487	0.560
Mcc. (CoLA)	0.588	0	0.633

Table 1: Evaluation results of debiasing.



Figure 2: Visualization of *t*-SNE plots.

it by Language Modeling Score (LMS), and also visualize *t*-SNE in Figure 1 to explore the PLM's expressiveness on different methods. We evaluate our pipeline on three GLUE tasks, including **SST-2**, **RTE** and **CoLA**, based on BERT-LARGE-UNCASED (denoted as Orig.).

As shown in Table 1, our pipeline performs better in bias mitigation and downstream tasks than baselines. Moreover, compared to Context-Debias (84.4), the LMS of our pipeline (90.0) remains merely unchanged to Orig. (90.4), and from Figure 1, it maintains words' relative distances, while simultaneously pulling pairwise attribute words closer, indicating its excellent expressiveness ability.

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