

# Meta-Curriculum Learning for Domain Adaptation in Neural Machine Translation

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## Abstract

Meta-learning has been sufficiently validated to be beneficial for low-resource neural machine translation (NMT). However, we find that meta-trained NMT fails to improve the translation performance of the domain unseen at the meta-training stage. In this paper, we aim to alleviate this issue by proposing a novel *meta-curriculum learning* for domain adaptation in NMT. During meta-training, the NMT first learns the similar curricula from each domain to avoid falling into a bad local optimum early, and finally learns the curricula of individualities to improve the model robustness for learning domain-specific knowledge. Experimental results on 10 different low-resource domains show that meta-curriculum learning can improve the translation performance of both familiar and unfamiliar domains. All the codes and data are freely available at <https://github.com/NLP2CT/Meta-Curriculum>.

## Introduction

Neural machine translation (NMT) has become the *de facto* method for automatic translation (Sutskever, Vinyals, and Le 2014; Bahdanau, Cho, and Bengio 2015; Vaswani et al. 2017). Despite its successes in mainstream language pairs (e.g., English to/from French) and domains (e.g., News), its potential in the translation of low-resource domains remains underexplored (Koehn and Knowles 2017). Meta-learning (Finn, Abbeel, and Levine 2017), which adapts a meta-trained model to a new domain by using a minimal amount of training instances, becomes an intuitive appeal for improving the translation quality of low-resource domains (Gu et al. 2018; Li, Wang, and Yu 2020).

The basic idea of meta-learning for NMT is meta-training a domain-agnostic teacher model containing a set of highly robust parameters as initialization for fine-tuning domain-specific student models. The degree of the robustness determines the performance ceilings of these student models. Sharaf, Hassan, and Daumé III (2020) propose Meta-MT, which meta-trains the training instances of all used domains, and find that the learned initialization can generalize to these

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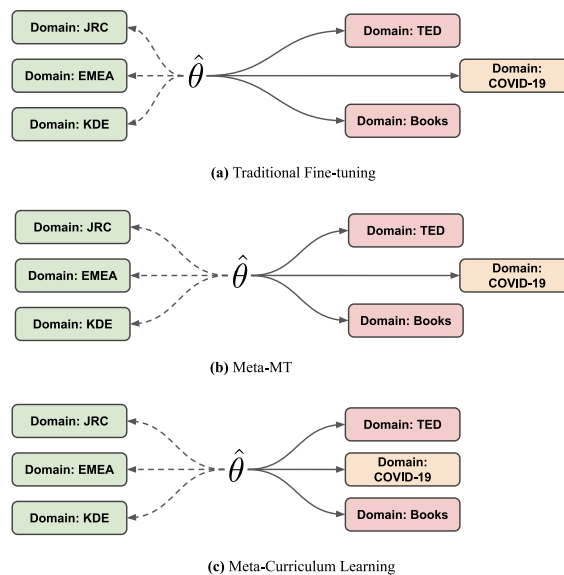


Figure 1: (a): Traditional fine-tuning favors high-resource domains (Green) over low-resource domains (Pink) and unseen domains (Orange). (b): Meta-MT partially alleviates the issue but is still biased in unseen domains. (c): Meta-curriculum learning performs well on all domains.

domains that improve the translation performance after individually fine-tuning. Unfortunately, as shown in Figure 1, for those domains (e.g., COVID-19) which are not trained during meta-training, their fine-tuning performances fail to gain improvements over traditional fine-tuning. This significantly reduces the transferability of Meta-MT, and also limits its applicability.

In this paper, we aim to alleviate the above limitations by further improving the robustness of a meta-trained teacher model. Motivated by curriculum learning for NMT (Bengio et al. 2009; Platanios et al. 2019; Liu et al. 2020), which arranges the learning curricula from easy to difficult during NMT training, we propose a novel learning strategy for low-resource domain translation, called *meta-curriculum learning*. During meta-training, our proposed method learns the curricula of commonalities from different domains at the beginning, and those curricula of individualities at last. The be-

gining curricula enhance the overall representation learning, while the last curricula bring forward the learning of domain-specific knowledge and thus make the meta-trained teacher more robust for fine-tuning. Both the commonalities and individualities are measured by a language model (LM) trained on general-domain data and LMs trained on domain-specific data.

For evaluation, we first meta-train 5 domains using meta-curriculum learning, and then individually fine-tune on these 5 domains and another 5 unseen domains. The experimental results show that the translations of both the familiar and unfamiliar domains gain considerable improvements. These also reveal that meta-curriculum learning can improve the transferability and applicability of meta-learning for NMT. As far as we know, this paper is the first to integrate curriculum learning with meta-learning in NMT.

## Background and Related Work

**Neural Machine Translation (NMT)** The sequence-to-sequence model is widely used in NMT that has the capability in directly translating source language to target language based on continuous space representation. Given a source sentence  $S = (s_1, s_2, \dots, s_I)$ , the corresponding translation produced by NMT could be denoted as  $T = (t_1, t_2, \dots, t_J)$ . The goal of the NMT model is trying to maximize the probability distribution over the target sentence  $P(T|S)$ , and could be formalized as the product of a series of conditional probabilities:

$$P(T|S) = \prod_{j=1}^J P(t_j|t_{1..j-1}, S) \quad (1)$$

Followed by the success that the attention mechanism achieved, Vaswani et al. (2017) introduced the self-attention and multi-head attention mechanism to the prevailing encoder-decoder architecture (Cho et al. 2014) for NMT, which is named Transformer. Compared to the previous architectures, Transformer gains a faster training speed and a better model performance. Without loss of generality, in this paper, we choose Transformer as our testbed.

**Domain Adaptation for NMT** The main goal of domain adaptation techniques is to narrow the domain divergence between the target tasks and training data to achieve domain-specific translation. Chu and Wang (2018) claimed that existing approaches could be categorized into two types: data-centric methods and model-centric methods. The data-centric techniques focus on maximizing the use of out-domain data to improve the translation quality (Currey, Miceli-Barone, and Heafield 2017; van der Wees, Bisazza, and Monz 2017; Wang et al. 2017). The model-centric approaches can be further divided into training-oriented, architecture-oriented, and decoding-oriented methods. The most widely used strategy is continuing tuning the model using in-domain data after training the model in the general domain, which is called fine-tuning (Dakwale and Monz 2017), so that the distribution of the model parameters will be adapted towards the direction of the target domain.

It is also noteworthy that using curriculum learning in domain adaptation tasks can enhance model performance. Curriculum learning is an intuitive strategy for training neural networks. It claims that the training data are supposed to be sorted by complexity or other reasonable measurement methods instead of the original random data sampling method in order to make the model be able to gradually learn from the training data within a specific order, such as sentence-level difficulty. Zhang et al. (2018, 2019) demonstrated the effectiveness of this approach in improving the domain-specific translation. The model was initialized in the general domain then fine-tuned in the in-domain data reordered by the similarity score. More specifically, the Moore-Lewis (Moore and Lewis 2010) and cynical data selection (Axelrod 2017) method were adopted to measure the similarity, and the probabilistic curriculum was used to form the training corpus. In this research, a resemble Moore-Lewis approach would be adopted as the selection strategy to score the training data in curriculum learning.

**Meta Learning for NMT** Since data sparsity is not only a huge challenge for machine translation but also one of the common limitations of training deep neural network models, the meta-learning algorithms (Finn, Abbeel, and Levine 2017) are proposed to obtain a robust model for better task-specific fine-tuning under low resource conditions. Just like a human could conclude a learning pattern from previous learning experience while facing a question in the new domain, the meta-learning aims to teach the model how to learn from diverse few-shot training exposure, which is also known as a “learning to learn” problem. As we all know, ordinary machine learning routinely focuses on optimizing the model  $f_\theta$  by treating the instance  $(S, T)$  of one specific domain dataset  $\mathcal{D}$  as the basic unit to form the training batches. In contrast, the terminology “task”  $\mathcal{T}$  whose training instances sampled from one of the training domains is the lowest learning level of meta-learning. Thus, the meta-training objective could be formalized as:

$$\arg \min_{\theta} \mathbb{E}_{\mathcal{T}' \sim p(\mathcal{T})} [\mathcal{L}_{\mathcal{T}'}(f_\theta)] \quad (2)$$

Despite various meta-learning research have been conducted, the related work in the NMT field still needs to be investigated and most of them incorporate optimized-based meta-learning algorithms (Finn, Abbeel, and Levine 2017; Ravi and Larochelle 2017; Nichol, Achiam, and Schulman 2018) with NMT training, especially for Model-Agnostic Meta-Learning (MAML) algorithm (Finn, Abbeel, and Levine 2017). The motivation behind optimized-based methods is training a model that could be applicable within a few optimization steps. To gain experience from simulated few-shot learning, one task  $\mathcal{T}_i$  could be decomposed into two sub-sets: support set  $\mathcal{S}_i$  and query set  $\mathcal{Q}_i$ . Typically, the support set  $\mathcal{S}_i$  is used to train the parameter  $\theta$ , and the query set  $\mathcal{Q}_i$  is adopted in evaluating the loss  $\mathcal{L}(\cdot)$  using optimized parameter or testing. Therefore, the Eq. 2 could be further formalized in MAML algorithm:

$$\arg \min_{\theta} \sum_{\mathcal{T}_i} \mathcal{L}_{\mathcal{Q}_i}(f_{\theta - \alpha \nabla_{\theta} \mathcal{L}(\mathcal{S}_i; \theta)}) \quad (3)$$

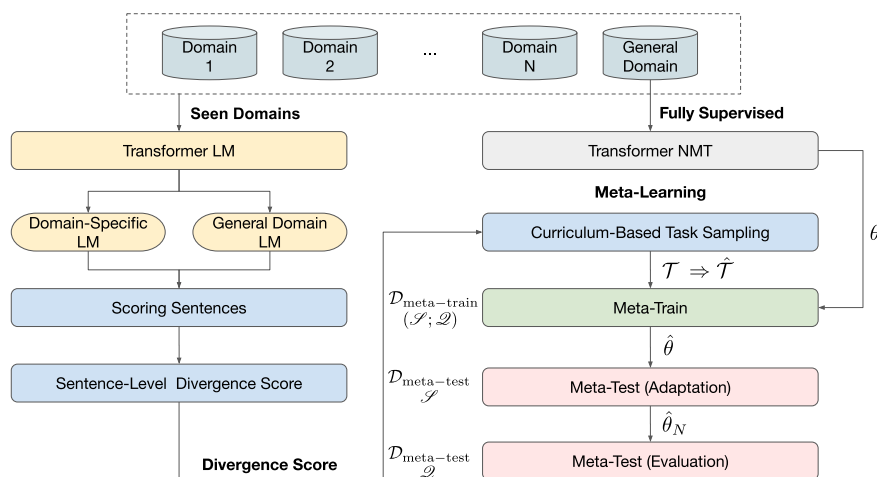


Figure 2: The graphical illustration of the proposed meta-curriculum learning algorithm. Two main parts are represented in the diagram, respectively. The process of offline scoring is illustrated on the left and the online learning part is on the right.

where  $\alpha$  is a hyper-parameter to control the pace of inner task learning. The meta-trained parameter  $\hat{\theta}$  could be a good starting point for adapting it to various domains.

The prerequisite for MAML is that the task must be multi-domain-oriented, so multilingual translation and domain adaptation tasks are suitable to be investigated. Gu et al. (2018) and Li, Wang, and Yu (2020) have conducted a preliminary study on these two tasks. They improved the translation performance in the low-resource scenario by integrating the MAML algorithm with the NMT model from the perspective of lexical representation. Our work considered the most recent work, Meta-MT, which is proposed by Sharaf, Hassan, and Daumé III (2020) exploiting MAML algorithm in the domain adaptation, as a reference system in the following comparisons.

### Meta-Curriculum Learning

The motivation of this paper is tackling the problem that the generalization ability of meta-trained model would be degraded while training within limited seen domains. However, re-meta-training a teacher model is costly and impractical as unseen domains are continuously increasing. In this paper, we aim to design a novel meta-learning strategy for low-resource domain translation, which is robust enough for fine-tuning on both previously seen (meta-trained) and unseen domains. We borrow ideas from curriculum learning (Bengio et al. 2009; Liu et al. 2020) and shared-private knowledge modeling (Liu et al. 2019a,b), making the meta-training process learn curricula of different characteristics in different stages. In the early stages, the model will sample the curricula of commonalities from all domains to avoid getting into a bad local optimum early. While in the final stages, the curricula of individualities will be sampled for meta-training that can improve the model robustness for learning unfamiliar data. This also tends to be beneficial for the subsequent individual fine-tuning. We thus call the proposed method *meta-curriculum learning* that combines the

advantages of both techniques.

Meta-curriculum learning is formed with two parts: offline scoring and online learning. The sampling order of training instances is determined by the score given by two neural language models (LMs) which are pre-trained in the general domain and fine-tuned in the target domain, respectively. When it comes to online learning, the first-order MAML algorithm (Nichol, Achiam, and Schulman 2018) is introduced as a training strategy to cooperate with reordered data in the process of online learning. The model trained using this pipeline would be adapted to other unseen domains. Figure 2 illustrates the framework of the proposed methods.

#### Offline Scoring: LM-based Curriculum

To make the curriculum match with the model competence, we consider making full use of model perplexity information towards the training instances. Because it is unfair to use the trained model to evaluate the instances, the LM whose architecture is similar to the Transformer decoder is suitable to be utilized in this case.

**Sentence-level Divergence Scoring** Given an in-domain corpus  $\mathcal{D}$ , a general domain corpus  $\mathcal{G}$ , and the Transformer LM  $P(\cdot)$  trained on corresponding corpus, the domain divergence  $d_{\mathcal{D}}(S)$  of each sentence  $S$  could be calculated through cross-entropy score following Moore and Lewis (2010):

$$d_{\mathcal{D}}(S) = H_{\mathcal{D}}(S) - H_{\mathcal{G}}(S) \quad (4)$$

$$H(S) = -\frac{\sum_{s \in S} \log P(s)}{|S|} \quad (5)$$

where  $H(\cdot)$  is the token-averaged cross-entropy score generated by the Transformer LM. The higher divergence score  $d(S)$  indicates that the sentence possesses more in-domain features and is more likely divergent from the samples in the general domain.

## Online Learning: Meta-Curriculum

**Ordered Task Sampling** Task sampling is an essential step for meta-learning. Traditional meta-learning approach uniformly samples tasks from all data, and the sentences in each task are fixed during the whole meta-training process. Conversely, meta-curriculum learning samples tasks in an ordered way and the sentences in each task is changing dynamically. At the first training steps, the tasks are mostly assembled by those sentences of commonalities in each domain, i.e., the sentences with lower divergence scores. While at the last steps, the tasks usually consist of those sentences of individualities (i.e., higher divergence scores). With the increase of training steps, the average divergence score of each task also grows bigger, and the meta-learning model continuously learns difficult curricula. To make a fair comparison, meta-curriculum learning uses the same data as the traditional meta-learning method used during meta-training.

**First-order Approximation MAML** Since we have considered the factors of data-effective meta-learning in the NMT tasks, the holistic training procedure would be proposed as following. Before performing meta-curriculum learning, the model would be firstly pre-trained on a general domain. Given the NMT model initialized with  $\theta$  and data  $\mathcal{D}$ , the objective of learning could be described as  $\text{Learn}(f_\theta; \mathcal{D})$ :

$$\arg \max_{\theta} \mathcal{L}_{\mathcal{D}}(f_\theta) = \arg \max_{\theta} \sum_{(S,T) \in \mathcal{D}} \log P(T|S; \theta) \quad (6)$$

The traditional domain adaptation pipeline would optimize the learned parameter  $\theta$  by applying a continuous training strategy in the specific in-domain corpus. However, our method applies a two-phases training policy in this process which would be divided into meta-training and meta-testing stages. The learning algorithm of the meta-training stage as shown in Algorithm 1. Followed by data sampling and re-ordering approach described in Section , it performs a traditional NMT learning process  $\text{Learn}(f_\theta; \mathcal{S}_i)$  by adapting the model to the support set of each task  $\mathcal{T}_i$ , then evaluates the generalizing performance of the model parameterized with  $\theta'_i$  on the query set  $\mathcal{Q}_i$  of task  $\mathcal{T}_i$ . Subsequently, the loss evaluated in the downstream task would be used to update the original model parameters  $\theta$ . Furthermore, calculating second-order derivatives may cost high computation resource during training, the first-order approximation MAML (FoMAML) simplifies this step, and we use it in the implementation:

$$\nabla_{\theta} \mathcal{L}_{\mathcal{T}_i}(f_{\theta'_i}) \approx \nabla_{\theta'_i} \mathcal{L}_{\mathcal{T}_i}(f_{\theta'_i}) \quad (7)$$

For the meta-testing stage, the optimized robust parameter  $\hat{\theta}$  provided by the meta-training stage would be adopted to conduct a real fine-tuning operation on each domain, and it would make fast adaptation possible with few samples.

## Overall Learning Strategy

As stated in the previous sections, the curriculum based on the LM offline scoring and sampling strategy is combined

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## Algorithm 1 Meta-Curriculum Learning Policy

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**Require:** Teacher model parameters  $\theta$ ; Step size hyper-parameters  $\alpha, \beta$ ;

- 1: **for** step  $m = 1$  to  $M$  **do**
- 2:   Prepare  $I$  tasks by ordered task sampling
- 3:   **for** task  $i = 1$  to  $I$  **do**
- 4:     Evaluate  $\nabla_{\theta} \mathcal{L}_{\mathcal{T}_i}(f_{\theta})$  with support set  $\mathcal{S}_i$
- 5:     Conduct inner-gradient descent with parameters  $\theta'_i = \theta - \alpha \nabla_{\theta} \mathcal{L}_{\mathcal{T}_i}(f_{\theta})$
- 6:   **end for**
- 7:   Update  $\theta \leftarrow \theta - \beta \nabla_{\theta} \sum \mathcal{L}_{\mathcal{T}_i}(f_{\theta'_i})$  with query set  $\mathcal{Q}$
- 8: **end for**
- 9: **return** Meta-learned model parameter  $\hat{\theta}$

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with the meta-learning algorithm to enhance the overall representation learning. We reconstruct the distribution of each batch considering the unevenness of difficulty per task. The sentence-level divergence compared to the general domain is noteworthy to consider the curriculum of an inner task. Learning from the sentences with less deviation allows the model to be generalized to common knowledge, which is helpful for speeding up the convergence, while the sentences of individualities learned at the last stage make the model robust enough to learn domain-specific knowledge.

## Experiments

The experiments are designed to investigate how the curriculum learning policy would improve the robustness of a meta-trained model and how the meta-based approach could improve the in-domain translation by contrasting with meta-learning strategy and traditional fine-tuning baselines. More specifically, we conducted experiments on English-German (En-De) translation tasks and randomly sub-sampled  $\mathcal{D}_{\text{meta-train}}$  and  $\mathcal{D}_{\text{meta-test}}$  for each domain with specific token sizes to simulate domain adaptation tasks in a low-resource scenario. The flexible NMT toolkit fairseq<sup>1</sup> and parts of code from Sharaf, Hassan, and Daumé III (2020)<sup>2</sup> are used for ensuring the easily reproducing and fair comparison.

## Dataset

The dataset for domain adaptation is made up of ten parallel En-De corpora (Bible-uedin (Christodouloupoulos and Steedman 2015), Books, ECB, EMEA, GlobalVoices, JRC-Acquis, KDE4, TED2013, WMT-News.v2019) which are publicly available at OPUS<sup>3</sup> (Tiedemann 2012). The vanilla NMT was trained on the general domain with WMT-News 14 En-De shared task following the settings of Vaswani et al. (2017) and achieved 27.67 BLEU scores on newstest2014. Besides, an COVID-19 En-De parallel corpus was built using authentic public institution data sources<sup>4,5</sup> to model a

<sup>1</sup><https://github.com/pytorch/fairseq>

<sup>2</sup><https://www.dropbox.com/s/jguxb75utg1dmxl/meta-mt.zip>

<sup>3</sup><http://opus.nlpl.eu>

<sup>4</sup><https://www.bundesregierung.de/>

<sup>5</sup><https://www.euro.who.int/en/health-topics/health-emergencies/coronavirus-covid-19/news/>

|                     | $\mathcal{D}_{\text{meta-train}}$ |        | $\mathcal{D}_{\text{meta-test}}$ |       |
|---------------------|-----------------------------------|--------|----------------------------------|-------|
|                     | Support                           | Query  | Support                          | Query |
| <b>COVID-19</b>     | /                                 | /      | 312                              | 636   |
| <b>Bible</b>        | /                                 | /      | 273                              | 551   |
| <b>Books</b>        | /                                 | /      | 307                              | 631   |
| <b>ECB</b>          | /                                 | /      | 281                              | 592   |
| <b>TED</b>          | /                                 | /      | 429                              | 841   |
| <b>EMEA</b>         | 11,701                            | 23,424 | 593                              | 1,168 |
| <b>GlobalVoices</b> | 2,955                             | 26,348 | 382                              | 725   |
| <b>JRC</b>          | 9,734                             | 19,703 | 276                              | 604   |
| <b>KDE</b>          | 25,539                            | 50,943 | 808                              | 1,441 |
| <b>News</b>         | 11,011                            | 21,895 | 352                              | 693   |

Table 1: The sampled amount of sentences used in meta-learning phases.

real-world domain translation.

All the sentences were filtered by the length that is no longer than 175 (only for training and validation subset) and preprocessed with the Moses tokenizer<sup>6</sup>. Besides, the corpus is encoded with sentencepieces<sup>7</sup> (Kudo and Richardson 2018) using 40k joint dictionary.

The traditional meta-training dataset  $\mathcal{D}_{\text{meta-train}}$  is constructed by 160 tasks equally sampled from five seen domains whereas the number of tasks in meta-test dataset  $\mathcal{D}_{\text{meta-test}}$  is 10 sampled from ten domains. For each task  $\mathcal{T}$ , the token amount of support set  $\mathcal{S}$  and query set  $\mathcal{Q}$  would be approximately limited to 8k and 16k, respectively. Table 1 shows the detailed statistics.

### Comparison Group

For comparing with the existing methods of domain adaptation, the following NMT systems are included in our experiments:

- **Vanilla** The system was trained on general domain (WMT-News 14 En-De) by exploiting the ordinary learning procedure without adaptation.
- **Traditional Fine-Tuning** Fine-tune the vanilla system following the standard continued training strategy.
- **Meta-MT** This system directly applies the MAML algorithm to learn from domain adaptation experience (Sharaf, Hassan, and Daumé III 2020).
- **Meta-Curriculum** Train the model following the online meta-learning approach guided by well-formed curriculum and then adapt it to the target domain.
- **Meta-based w/o FT** This group of experiments is to analyze the generalizability of a meta-learning system by evaluating their corresponding BLEU scores before domain adaptation and to what extent the meta-based model is affected by fine-tuning.

### Model and Learning Setup

**Model** The base Transformer is used as the architecture for both LM and NMT. Using the same network structure to

evaluate the sentence can get the information about how sensitive the model is to the target sentence. For LM tasks, only the decoder of Transformer is used, it consists of 6 identical decoder layers ( $d_{\text{in}} = d_{\text{out}} = 512$ ,  $d_{\text{hidden}} = 2048$ ,  $n_{\text{atten\_head}} = 8$ ) with layer normalization. While resemble Transformer encoder-decoder architecture for the translation task implements the same base layer settings with 6 identical encoders and decoders.

**Learning** The source side (English) LM was built for scoring the sentences, and the corresponding target sentences would be assigned by the same score and level. More specifically, the WMT-News Crawl 2019 English Monolingual data<sup>8</sup> and full in-domain dataset (except unseen domains) are used to learn the features of general and specific domain, respectively. For the hyper-parameters of learning, the downstream translation task is consistent with the language modeling task. Both of them were trained using Adam optimizer (Kingma and Ba 2015) ( $\beta_1 = 0.9$ ,  $\beta_2 = 0.98$ ), but with different learning rates ( $lr_{\text{nlm}} = 5e-4$ ,  $lr_{\text{finetune}} = 5e-5$ ,  $lr_{\text{translation}} = 7e-4$ ,  $lr_{\text{meta}} = 1e-5$ ). The learning rate scheduler and warm-up policy ( $n_{\text{warmup}} = 4000$ ) for training the vanilla Transformer is the same as the Vaswani et al. (2017) work. Furthermore, the number of the updating epochs during the adaptation period would be strictly limited to 20 to simulate quick adaptation and verify the robustness under limited settings.

**Evaluation** To fairly compare different adaptation methods, the same data source which sub-sampled as  $\mathcal{D}_{\text{meta-test}}$  would be used for fine-tuning the pre-trained model, where the support set is used for adaptation and query set is used for evaluation (the statistical information is shown in Table 1). All the reported scores are case-sensitive tokenized 4-gram BLEU (Papineni et al. 2002) generated with beam size 5. Besides the final fine-tuning performance of each task, the variation after adaptation is also used as the metric of the model robustness.

## Results and Discussion

**Traditional Fine-tuning** The BLEU scores shown in Table 2 effectively confirm the superiority of the meta-based method. In addition, to clarify the impact of domains that had been used in the meta-training stage, two sets of evaluation results are reported, *Unseen* and *Seen* categories. The results show the necessity of making this distinction. Due to the less prior knowledge being integrated, the traditional fine-tuning owes a huge BLEU gap on those domains seen by meta-based methods before fine-tuning, but the gap is narrowed in the unseen groups. Though far behind from the vanilla model in terms of starting BLEU points, meta-curriculum learning still outperforms the traditional method after the same updating steps of fine-tuning due to its excellent robustness. Besides, meta-based methods both show a robust and flexible tuning space of model parameters according to the performance of BLEU variation values. Moreover,

<sup>6</sup><https://github.com/moses-smt/mosesdecoder>

<sup>7</sup><https://github.com/google/sentencepiece>

<sup>8</sup><http://data.statmt.org/news-crawl/en/>

|                               | Unseen       |              |              |              |              | Previously Seen (at Meta-Training Stage) |              |              |              |              |
|-------------------------------|--------------|--------------|--------------|--------------|--------------|--|--------------|--------------|--------------|--------------|
|                               | COVID-19     | Bible        | Books        | ECB          | TED          | EMEA                                     | GlobalVoices | JRC          | KDE          | News         |
| <b>Vanilla</b>                | 28.55        | 14.08        | 13.63        | 31.78        | 29.12        | 32.26                                    | 26.95        | 37.15        | 24.10        | 29.50        |
| <b>Traditional FT</b>         | 28.90        | 14.29        | 13.92        | 31.91        | 29.44        | 32.74                                    | 27.22        | 37.40        | 25.91        | 29.44        |
| $\Delta$ FT                   | +0.35        | +0.21        | +0.29        | +0.13        | +0.32        | <b>+0.48</b>                             | <b>+0.27</b> | <b>+0.25</b> | <b>+1.81</b> | -0.06        |
| <b>Meta-MT w/o FT</b>         | 27.60        | 13.29        | 13.39        | 30.64        | 29.16        | 46.48                                    | 27.68        | 44.70        | 31.44        | 30.91        |
| <b>Meta-MT</b>                | 29.71        | 17.66        | 14.99        | 32.62        | 30.36        | 45.05                                    | 27.84        | 44.01        | 31.24        | 31.17        |
| $\Delta$ MM                   | +2.11        | +4.37        | +1.60        | +1.98        | <b>+1.20</b> | -1.43                                    | +0.16        | -0.69        | -0.20        | +0.26        |
| <b>Meta-Curriculum w/o FT</b> | 27.54        | 13.52        | 13.29        | 30.98        | 29.24        | 45.50                                    | 28.07        | 44.60        | 31.51        | 30.86        |
| <b>Meta-Curriculum</b>        | <b>30.46</b> | <b>18.06</b> | <b>15.02</b> | <b>33.44</b> | <b>30.37</b> | <b>45.91</b>                             | <b>28.28</b> | <b>44.85</b> | <b>31.95</b> | <b>32.00</b> |
| $\Delta$ MC                   | <b>+2.92</b> | <b>+4.54</b> | <b>+1.73</b> | <b>+2.46</b> | +1.13        | +0.41                                    | +0.21        | <b>+0.25</b> | +0.44        | <b>+1.14</b> |

Table 2: BLEU scores over  $\mathcal{D}_{\text{meta-test}}$  query sets. *w/o* denotes the system before individual adaptation. FT denotes fine-tuning. MM and MC denote Meta-MT and Meta-Curriculum, respectively.  $\Delta$  markup denotes the BLEU improvement.

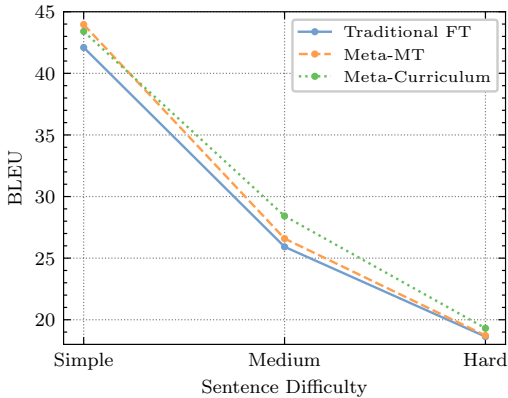


Figure 3: Performance across three types of difficulty reported on the COVID-19 domain. Meta-curriculum learning alleviates the limitation that hinders Meta-MT model from acquiring difficult knowledge.

all methods seem to encounter bottlenecks while adapting to the News domain. One of the reason is that the pre-trained model is also trained on this domain, thus leading to limited performance improvement with further fine-tuning.

**Robustness** Although the meta-trained model extracts more features from  $\mathcal{D}_{\text{meta-train}}$ , it is well known that more data do not always bring a positive effect on model performance. One of the potential pitfalls is that the distribution of model parameters tends to overfit one specific domain. However, the most crucial motivation of meta-learning is training a model with a robust starting point. Even if the meta-trained model did not perform well in each domain before conducting adaptation, its robustness would allow it to benefit more from fine-tuning. It could be interpreted as the trade-off between BLEU and robustness. Therefore, it is the key point we want to emphasize here because the goal of our work is improving the robustness of the meta-trained model.

As the BLEU variation ( $\Delta$ ) shown in Table 2, the model trained with meta-curriculum approach is largely affected by the fine-tuning operation compared to the classical approach

and Meta-MT on unseen domains. On the other hand, the meta-based methods show lesser improvement than the traditional fine-tuning method even overfit in some domains (EMEA, JRC, KDE) due to the fact that the meta-trained models have previously learned part of the in-domain knowledge, which somewhat limits its space for improvement. Despite the wide variation in the scale of the domain, the meta-trained model did not show any over-fitting signal in any domain, which rightly echoes the motivation of meta-learning. For example, the BLEU score it performed (27.54) was even worse than the vanilla model (28.55) before transferring to the COVID-19 domain. However, such a poor starting point has more potential to be generalized, which eventually made it outperform the baseline model in the subsequent process of adaptation. Meta-curriculum learning brings a great starting point in each domain without deviation in any field.

**Curriculum Validity** Although the curriculum is designed from the perspective of acquisition divergence, the black-box nature of neural network makes it inconvenient to testify the scoring results. To verify the curriculum validity, we categorized the sentences in query set of  $\mathcal{D}_{\text{meta-test}}$  into three difficulty levels based on the scoring distribution, with each group containing nearly 200 samples. As shown in Figure 3, the BLEU scores gradually decrease with increasing difficulty, which indicates that our method for designing the curriculum can distinguish adaptation difficulty.

On the other hand, from the perspective of translation quality, the meta-trained models have achieved significant improvements on the moderately difficult translation sentences, benefiting from its robustness. However, the Meta-MT model is likely to encounter a bottleneck in the process of acquiring more challenging knowledge, which results in worse translation performance on those sentences that are quite different from the general domain. Although meta-curriculum learning breaks this limitation to some extent, it is still affected by the trade-off between BLEU and robustness, making it unable to transfer some specific knowledge on extreme tasks. To investigate which kinds of bottlenecks exist in meta-learning for NMT, we perform a linguistically relevant analysis in the subsequent section.



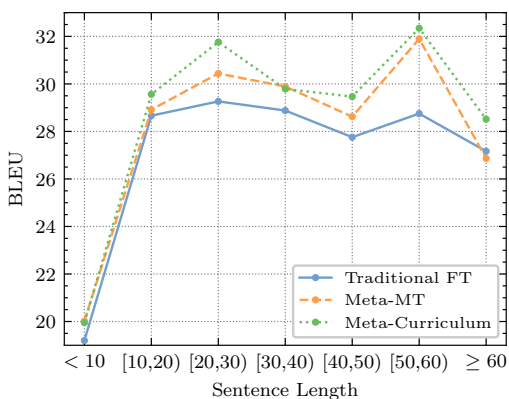


Figure 4: Performance across different buckets of sentence length reported on COVID-19 domain. The meta-based approach is clearly shows its advantages in translating long sentences.

**Effect of Sentence Length** To investigate how meta-based methods outperform traditional fine-tuning from the perspective of linguistic, we analyze the translation results with *compare-mt* (Neubig et al. 2019).<sup>9</sup> Meta-curriculum learning shows superior advantages on different buckets of sentence length especially for extremely long sentences, while the model trained with Meta-MT method is close to the traditional fine-tuned model. Although the Meta-MT approach is inferior to the baseline method on the most groups, it slightly outperforms the normal method in terms of translation performance on sentences whose length is greater than 50 tokens, which could also prove that the meta-based method may be beneficial for the model to learn the translation of long sentences.

**Word-level Performance** As shown in Figure 5, when it comes to the word-level performance, the meta-based models do not seem to show the advantage as prominent as the sentence-level comparison, regardless of word frequency. This may be due to the fact that the meta-learning approach sacrifices the optimization space for complex lexical meanings in order to ensure the generality, which makes the lexical knowledge transfer unideal echoing the trade-off effects. This conjecture may be corroborated by the translation accuracy of different parts-of-speech according to Figure 5. Meta-curriculum approach does not make a breakthrough in some content words but performs well in terms of functional words, e.g., conjunctions. However, the correct choice for functional words may be helpful to syntactic-level translation which may explain why the meta-based models are skillful at translating long sentences.

Furthermore, there is still one possible reason for this phenomenon. As pointed by Gu et al. (2018), the effectiveness of the meta-learning algorithm in NMT tasks would be affected by both the fertility of meta-training knowledge and its relevance to the target domain. For example, the COVID-

<sup>9</sup><https://github.com/neulab/compare-mt>

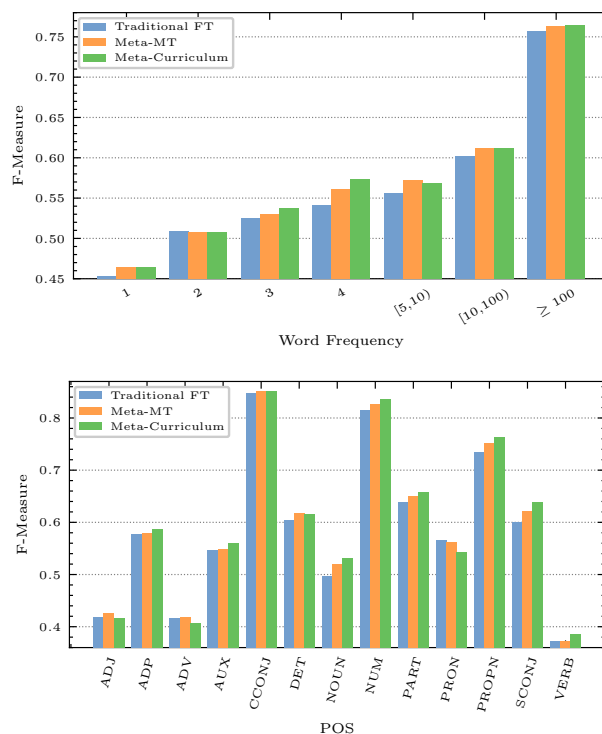


Figure 5: Word-level translation across different buckets of word frequency and part-of-speech on COVID-19 domain.

19 domain, not only its knowledge distance from meta-training is relatively far, but also the in-domain knowledge provided in the meta-testing is poor, leading to limited improvement in this case. Therefore, in order to improve the robustness of the meta-based approach, it is advisable to enhance and correct the lexical meanings of the corresponding domains under low-resource scenario for making the translation quality produced by the meta-trained system better.

## Conclusion and Future Works

We propose a novel meta-curriculum learning for domain adaptation in NMT, which improves the robustness of the meta-trained domain-agnostic teacher model and the fine-tuning performances of the domain-specific student models. Unlike existing meta-learning methods for NMT which only improve the translations of the domains previously seen during the meta-training, meta-curriculum learning can also enhance the representation learning of those unseen domains, especially those instances of individualities. This results in an overall performance boost in terms of BLEU scores, and consistently better translations over sentences of different lengths, words of different frequencies and some part-of-speech tags. In the future, we would like to add curriculum learning methods into the fine-tuning process to further enhance meta-learning for NMT.

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