# Learning to Sit: Synthesizing Human-Chair Interactions via Hierarchical Control

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#### **Abstract**

Recent progress on physics-based character animation has shown impressive breakthroughs on human motion synthesis, through imitating motion capture data via deep reinforcement learning. However, results have mostly been demonstrated on imitating a single distinct motion pattern, and do not generalize to interactive tasks that require flexible motion patterns due to varying human-object spatial configurations. To bridge this gap, we focus on one class of interactive tasks-sitting onto a chair. We propose a hierarchical reinforcement learning framework which relies on a collection of subtask controllers trained to imitate simple, reusable mocap motions, and a meta controller trained to execute the subtasks properly to complete the main task. We experimentally demonstrate the strength of our approach over different non-hierarchical and hierarchical baselines. We also show that our approach can be applied to motion prediction given an image input. A supplementary video can be found at https://youtu.be/3CeN00Gz2cA.

## Introduction

The capability of synthesizing realistic human-scene interactions is an important basis for simulating human living space, where robots can be trained to collaborate with humans, e.g. avoiding collisions or expediting the completion of assistive tasks.

Motion capture (mocap) data, by offering high quality recordings of articulated human pose, has provided a crucial resource for human motion synthesis. With large mocap datasets and deep learning algorithms, kinematics-based approaches have recently made rapid progress on motion synthesis and prediction (Fragkiadaki et al. 2015; Jain et al. 2016; Holden, Saito, and Komura 2016; Ghosh et al. 2017; Bütepage et al. 2017; Martinez et al. 2017; Holden, Komura, and Saito 2017; Zhou et al. 2018; Li et al. 2018; Gui et al. 2018a,b; Yan et al. 2018). However, the lack of physical interpretability in the synthesized motion has been a major limitation of these approaches. Such problem becomes impermissible when it comes to motions that involve substantial human-object or human-human interactions. Without modeling the physics, the sythensized interactions are









Figure 1: Synthesizing the motion of sitting. Top left: Input image and 3D chair detection. Top right: Physics simulated environment for learning human-chair interactions. Bottom: Two examples of synthesized motions.

often physically unrealistic, e.g. body parts penetrating obstacles or not reacting to collision. This generally limits the use of these approaches to either non-interactive motions, or a carefully set up virtual scene with high fidelity to the captured one.

The graphics community has recently witnessed impressive progress on physics-based character animation (Peng et al. 2017, 2018a,b). These approaches, through imitating mocap examples via deep reinforcement learning, can synthesize realistic motions in physics simulated environments. Consequently, they can adapt to different physical contexts and thus attain a better generalization performance for interaction-based motions, e.g. walking on uneven terrain or stunt performance under obstacle disturbance. Nonetheless, these approaches still suffer from a drawback—a single model is trained for performing a single task with a distinct motion pattern (often time from a single mocap clip). As a result, they might not generalize to higher-level interactive tasks that require flexible motion patterns. Take the example of a person sitting down on a chair. A person can start in any location and orientation relative to the chair (Fig. 1). A

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fixed motion pattern (e.g. turn left and sit) will be incapable of handling such variations.

In this paper, we focus on one class of high-level interactive tasks—sitting onto a chair. As earlier mentioned, there are many possible human-chair configurations and different configurations may require different sequences of actions to accomplish the goal. For example, if the human is facing the chair, it needs to walk, turn either left or right, and sit; if the human is behind the chair, it needs to walk, side-walk and sit. To this end, we propose a hierarchical reinforcement learning (RL) method to address the challenge of generalization. Our key idea is the use of hierarchical control: (1) we assume the main task (e.g. sitting onto a chair) can be decomposed into several subtasks (e.g. walk, turn, sit, etc.), where the motion of each subtask can be reliably learned from mocap data, and (2) we train a meta controller using RL which can execute the subtasks properly to "complete" the main task from a given configuration. Such strategy is in line with the observation that humans have a repertoire of motion skills, and different subset of skills is selected and executed for different high-level tasks.

Our contributions are two folds: (1) we extend the prior work on physics-based motion imitation to the context of higher-level interactive tasks using a hierarchical approach, and (2) we experimentally demonstrate the strength of our approach over different non-hierarchical and hierarchical baselines. We also show in the supplementary video that our approach can be applied to motion synthesis in human living space with the help of 3D scene reconstruction.

## **Related Work**

Kinematics-based Models Kinematic modeling of human motions has a substantial literature in both vision and graphics domains. Conventional methods such as motion graphs (Kovar, Gleicher, and Pighin 2002) require a large corpus of mocap data and face challenges in generalizing to new behaviors in new context. Recent progress in deep learning enables researchers to explore more efficient algorithms to model human motions, again, from large-scale mocap data. The focus in the vision community is often motion prediction (Fragkiadaki et al. 2015; Jain et al. 2016; Ghosh et al. 2017; Bütepage et al. 2017; Martinez et al. 2017; Zhou et al. 2018; Li et al. 2018; Villegas et al. 2018; Gui et al. 2018a,b; Yan et al. 2018), where a sequence of mocap poses is given as historical observation and the goal is to predict future poses. Recent work has even started to predict motions directly from a static image (Chao et al. 2017; Walker et al. 2017; Yao et al. 2018). In the graphics community, the focus has been primarily on motion synthesis, which aims to synthesis realistic motions from mocap examples (Yamane, Kuffner, and Hodgins 2004; Agrawal and van de Panne 2016; Holden, Saito, and Komura 2016; Holden, Komura, and Saito 2017). Regardless of the focus, this class of approaches still faces the challenge of generalization due to the lack of physical plausibility in the synthesized motion, e.g. foot sliding and obstacle penetrations.

**Physics-based Models** Physics simulated character animation has a long history in computer graphics (Liu, van

de Panne, and Yin 2016; Liu and Hodgins 2017; Peng et al. 2017; Liu and Hodgins 2018; Peng et al. 2018a; Clegg et al. 2018; Peng et al. 2018b). Our work is most related to the recent work by Peng et al. (Peng et al. 2017, 2018a), which trained a virtual character to imitate mocap data using deep reinforcement learning. They demonstrated robust and realistic looking motions on a wide array of skills including locomotion and acrobatic motions. Notably, they have used a hierarchical model for the task of navigating on irregular terrain (Peng et al. 2017). However, their meta task only requires a single subtask (i.e. walk), and the meta controller focuses solely on steering. We address a more complex task (i.e. sitting onto a chair) which requires the execution of diverse subtasks (e.g. walk, turn, and sit). Another recent work that is closely related to ours is that of Clegg et al. (Clegg et al. 2018), which addressed the task of dressing also with a hierarchical model. However, their subtasks are executed in a pre-defined order, and the completion of subtasks is determined by hand-coded rules. In contrast, our meta controller is trained and is free to select any subtask at any time point. This is crucial when the main task cannot always be completed by a fixed order of subtasks.

Humanoid control in physics simulated environments is also a widely-used benchmark task in the RL community. Some have investigated how to ease the design of the reward function, but focused less on realistic motions (Heess et al. 2017; Merel et al. 2017). Our work is closest to a few recent work on hierarchical control of humanoids (Merel et al. 2019a,b; Peng et al. 2019). However, they focus mainly on locomotion related tasks.

Hierarchical Reinforcement Learning Our model is inspired by a series of recent work on hierarchical control in deep reinforcement learning (Heess et al. 2016; Kulkarni et al. 2016; Tessler et al. 2017). Although in different contexts, they share the same attribute that the tasks of concern have high-dimensional action space, but can be decomposed into simpler, reusable subtasks. Such decomposition may even help in generalizing to new high-level tasks due to the shared subtasks.

**Object Affordances** Our work is connected to the learning of object affordances in the vision domain. Affordances express the functionality of objects and how humans can interact with them. Prior work attempted to detect affordances of a scene, represented as a set of plausible human poses, by training on large video corpora (Delaitre et al. 2012; Zhu, Zhao, and Zhu 2015; Wang, Girdhar, and Gupta 2017). Instead, we learn the motion in a physics simulated environment using limited mocap examples and reinforcement learning. Another relevant work also detected affordances using mocap data (Gupta et al. 2011), but focused only on static pose rather than motion.

#### Overview

Our main task is the following: given a chair and a skeletal pose of a human in the 3D space, generate a sequence of skeletal poses that describes the motion of the human sitting onto the chair from the given pose (Fig. 1). Our system

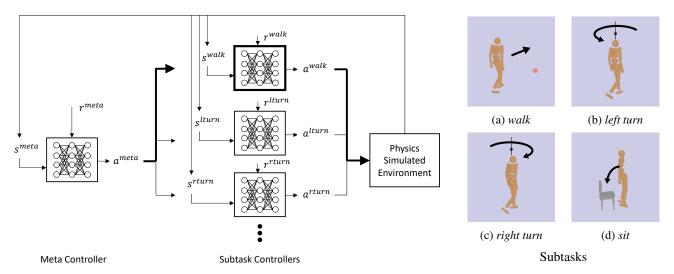


Figure 2: Left: Overview of the hierarchical system. Right: Illustration of the subtasks.

builds upon a physics simulated environment which contains an articulated structured humanoid and a rigid body chair model. Each joint of the humanoid (except the root) can receive a control signal and produce dynamics from the physics simulation. The goal is to learn a policy that controls the humanoid to successfully sit on the chair.

Fig. 2 (left) illustrates the hierarchical architecture of our policy. At the lower level is a set of subtask controllers, each responsible for generating the control input of a particular subtask. As illustrated in Fig. 2 (right), we consider four subtasks: *walk*, *left turn*, *right turn*, and *sit*. To synthesize realistic motions, the subtask policies are trained on mocap data to imitate real human motions. At the higher level, a meta controller is responsible for controlling the execution of subtasks to ultimately accomplish the main task. The subtask and meta controller run at 60 Hz and 2Hz respectively, and the physics simulation runs at 240 Hz.

## **Subtask Controller**

A subtask controller is a policy network  $\pi(a_t|s_t)$  that maps a state vector  $s_t$  to an action  $a_t$  at each timestep t. The state representation s is extracted from the current configuration of the simulation environment, and may vary for different subtasks. For example, turn requires only proprioceptive information of the humanoid, while sit requires not only such information, but also the pose of the chair relative to the humanoid. The action a is the signal for controlling the humanoid joints for each subtask. We use a humanoid model with 21 degrees of freedom, i.e.  $a \in \mathbb{R}^{21}$ . The network architecture is fixed across the subtasks: we use a multilayer perceptron with two hidden layers of size 64. The output of the network parameterizes the probability distribution of a, modeled by a Gaussian distribution with a fixed diagonal covariance matrix, i.e.  $\pi(a|s) = \mathcal{N}(\mu(s), \Sigma)$  and  $\Sigma = diag(\{\sigma_i\})$ . We can generate  $a_t$  at each timestep by sampling from  $\pi(a_t|s_t)$ .

Each subtask is formulated as an independent RL problem. At timestep t, the state  $s_t$  given by the simulation environment is fed into the policy network to output an action  $a_t$ . The action  $a_t$  is then fed back to the simulation environment to generates the state  $s_{t+1}$  at the next timestep and a reward signal  $r_t$ . The design of the reward function is crucial and plays a key role in shaping the style of the humanoid's motion. A heuristically crafted reward may yield a task achieving policy, but may result in unnatural looking motions and behaviors (Heess et al. 2017). Inspired by (Peng et al. 2018a), we set the reward function of each subtask by a sum of two terms:

$$r^{sub} = r^S + r^G. (1)$$

where  $r^S$  encourages similar motion to the mocap reference and  $r^G$  encourages the achievement of the subtask goal. We use a consistent similarity reward  $r^S$  across all subtasks:

$$r^S = \omega^p r^p + \omega^v r^v, \tag{2}$$

where  $r^p$  and  $r^v$  encourage the similarity of local joint angles  $q_j$  and velocities  $\dot{q}_j$  between the humanoid and the reference motion, and  $\omega^p$  and  $\omega^v$  are the respective weights. Specifically,

$$r^{p} = \exp\left(-\alpha^{p} \sum_{j} d(q_{j}, \hat{q}_{j})^{2}\right)$$

$$r^{v} = \exp\left(-\alpha^{v} \sum_{j} (\dot{q}_{j} - \hat{q}_{j})^{2}\right),$$
(3)

where  $d(\cdot, \cdot)$  computes the angular difference between two angles. We empirically set  $\omega^p=0.5$ ,  $\omega^v=0.05$ ,  $\alpha^p=1$ , and  $\alpha^v=10$ . Next, we detail the state representation s and the goal reward  $r^G$  for each subtask.

1) Walk The state  $s^{walk} \in \mathbb{R}^{52}$  consists of a 50-d proprioceptive feature and a 2-d goal feature that specifies an intermediate walking target. The proprioceptive feature includes the local joint angles and velocities, the height and

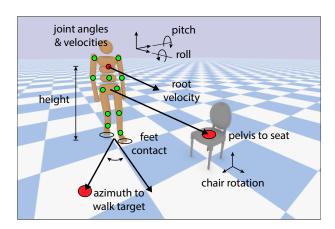


Figure 3: State representation of the humanoid and chair. The red and green dots on the humanoid denote the root and non-root joints. The red dots on the ground and chair denote the walk target and the center of the seat surface.

linear velocity of the root (i.e. torso) as well as its pitch and roll angles, and a 2-d binary vector indicating the contact of each foot with the ground (Fig. 3). Rather than walking in random directions, target-directed locomotion (Agrawal and van de Panne 2016) is necessary for accomplishing highlevel tasks. Assuming a target is given, represented by a 2D point on the ground plane, the 2-d goal feature is given by  $[\sin(\psi),\cos(\psi)]^{\mathsf{T}}$ , where  $\psi$  is the azimuth angle to the target in the humanoid centric coordinates. The generation of targets will be detailed in the Meta Controller section.

We observe that it is challenging to directly train a target-directed walking policy with mocap examples. Therefore we adopt a two-stage training strategy where each stage uses a distinct goal reward. In the first stage, we encourage similar steering patterns to the reference motion, i.e. the linear velocity of the root  $v \in \mathbb{R}^3$  should be similar between the humanoid and reference motion:

$$r^G = 0.5 \cdot \exp\left(-10 \cdot \sum_{i} (v_i - \hat{v_i})^2\right). \tag{4}$$

In the second stage, we reward motion towards the target:

$$r^G = 0.1 \cdot \frac{1}{1 + \exp(10 \cdot V^{walk})},$$
 (5)

where  $V^{walk} = (D^{walk}_{t+1} - D^{walk}_{t})/\delta t$ .  $D^{walk}_{t}$  denotes the horizontal distance between the root and the target, and  $\delta t$  is the length of the timestep.

2) Left/Right Turn The states  $s^{lturn}$ ,  $s^{rturn} \in \mathbb{R}^{50}$  reuse the 50-d proprioceptive feature from the walk subtask. The goal reward encourages the rotation of the root to be matched between the humanoid and reference motion:

$$r^G = 0.1 \cdot \exp\left(-10 \cdot \sum_i d(\theta_i, \hat{\theta_i})^2\right),\tag{6}$$

where  $\theta \in \mathbb{R}^3$  consists of the root's pitch, yaw, and roll.

3) Sit The sit subtask assumes that the humanoid is initially standing roughly in front of the chair and facing away. The task is simply to lower the body and be seated. Different from walk and turn, the state for sit should capture the pose information of the chair. Our state  $s^{sit} \in \mathbb{R}^{57}$  consists of the same 50-d proprioceptive feature used in walk and turn, and additionally a 7-d feature describing the state of the chair in the humanoid centric coordinates. The 7-d chair state includes the displacement vector from the pelvis to the center of the seat surface, and the rotation of the chair in the humanoid centric coordinates represented as a quaternion (Fig. 3). The goal reward encourages the pelvis to move towards the center of the seat surface:

$$r^G = 0.5 \cdot (-V^{sit}),\tag{7}$$

where  $V^{sit}=(D^{sit}_{t+1}-D^{sit}_{t})/\delta t$  and  $D^{sit}_{t}$  is the 3D distance between the pelvis and the center of the seat surface.

#### **Meta Controller**

The meta controller is also a policy network and shares the same architecture as the subtask controllers. We reuse the 57-d state representation from the sit subtask which contains both the proprioceptive and chair information. Rather than directly controlling the humanoid joints, the output action  $a^{meta}$  now controls the execution of subtasks. Specifically,  $a^{meta} = \{a^{switch}, a^{target}\}$  consists of two components.  $a^{switch} \in \{walk, left turn, right turn, sit\}$  is a discrete output which at each timestep picks a single subtask out of the four to execute.  $a^{target} \in \mathbb{R}^2$  specifies the 2D target for the walk subtask, which is used to compute the goal state in  $s^{walk}$ . Note that  $a^{target}$  is only used when the walk subtask is picked for execution. The output of the policy network parameterizes the probability distributions of both  $a^{switch}$ and  $a^{target}$ , where  $a^{switch}$  is modeled by a categorical distribution as in standard classification problems, and  $a^{target}$ is modeled by a Gaussian distribution following the subtask

The meta task is also formulated as an independent RL problem. At timestep t, the policy network takes the state  $s_t^{meta}$  from the simulation environment and output an action  $a_t^{meta}$ .  $a_t^{meta}$  then triggers one specific subtask controller to generate the control signal for the humanoid joints. The control signal is finally fed back to the simulation to generate the next state  $s_{t+1}^{meta}$  and a reward  $r_t^{meta}$ . Rather than evaluating the similarity to a mocap reference, the reward now should be providing feedback on the main task. We adopt a reward function that encourages the pelvis to move towards and be in contact with the seat surface:

$$r^{meta} = \begin{cases} 1 & \text{if } z_{\text{contact}} = 1\\ 0.5 \cdot (-V^{sit}) & \text{otherwise.} \end{cases}$$
 (8)

 $z_{\rm contact}$  indicates whether the pelvis is in contact with the seat surface, which can be detected by the physics simulator.  $V^{sit}$  is defined as in Eq. 7.

# **Training**

Since the subtasks and meta task are formulated as independent RL problems, they can be trained independently using

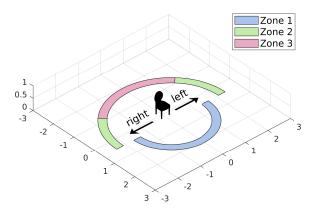


Figure 4: Curriculum learning for the meta controller. Humanoid spawn location is initially set to less challenging states (Zone 1), and later moved to more challenging states (Zone 2 and 3).

standard RL algorithms. We first train each subtask controllers separately, and then train the meta controller using the trained subtask controllers. All controllers are trained in a standard actor-critic framework using the proximal policy optimization (PPO) algorithm (Schulman et al. 2017).

1) Subtask Controller The training of the subtasks is divided into two stages. First, in each episode, we initialize the pose of the humanoid to the first frame of the reference motion, and train the humanoid to execute the subtask by imitating the following frames. This enables the humanoid to perform the subtasks from the initial pose of the reference motion, but does not guarantee successful transitions between subtasks (e.g.  $walk \rightarrow turn$ ), which is required for the main task. Therefore in the second stage, we fine-tune the controllers by setting the initial pose to a sampled ending pose of another subtask, similar to the policy sequencing method in (Clegg et al. 2018). For turn and sit, the initial pose is sampled from the ending pose of walk and turn, respectively.

2) Meta Controller While our goal is to have the humanoid sit down regardless of where it starts in the environment, the task's difficulty highly depends on the initial state: if it is already facing the seat, it only needs to turn and sit, while if it is behind the chair, it needs to first walk to the front and then sit down. Training can be challenging when starting from a difficult state, since the humanoid needs to by chance execute a long sequence of correct actions to receive the reward for sitting down. To facilitate training, we propose a multi-stage training strategy inspired by curriculum learning (Zaremba and Sutskever 2014). The idea is to begin the training from easier states, and progressively increase the difficulty when the training converges. As illustrated in Fig. 4, we begin by only spawning the humanoid on the front side of the chair (Zone 1). Once trained, we change the initial position to the lateral sides (Zone 2) and continue the training. Finally, we train the humanoid to start from the rear side (Zone 3).

	Succ Rate (%)	Min Dist (m)
Kinematics	_	$1.2656 \pm 0.0938$
Physics (Peng et al. 2018a)	0.00	$1.3316 \pm 0.1966$
$walk \rightarrow left \ turn \rightarrow sit$ (Clegg et al. 2018)	25.16	$0.3790 \pm 0.2326$
$walk \rightarrow right turn \rightarrow sit$ (Clegg et al. 2018)	0.92	$0.7948 \pm 0.2376$
walk / left turn / sit	29.38	$0.3913 \pm 0.2847$
walk / right turn / sit	23.01	$0.3620 \pm 0.2378$
Full Model	31.61	$0.3303 \pm 0.2393$

Table 1: Comparison of our approach with the non-hierarchical and hierarchical baselines in the Easy setting.

### Results

**Data and Implementation Details** The mocap references for each subtask are collected from the CMU Graphics Lab Motion Capture Database <sup>1</sup>. We extract relevant motion segments and retarget the motion to our humanoid model. We use a 21-DoF humanoid model provided by the Bullet Physics SDK (Coumans and Bai 2016–2019). Motion retargeting is performed using a Jacobian-based inverse kinematics method (Holden, Saito, and Komura 2016). Our simulation environment is based on OpenAI Roboschool (Schulman et al. 2017) <sup>2</sup>, which uses the Bullet physics engine (Coumans and Bai 2016–2019). We use a randomly selected chair model from ShapeNet (Chang et al. 2015). The PPO algorithm for training is based on the implementation from OpenAI Baselines (Dhariwal et al. 2017).

**Evaluation of Main Task** We adopt two different metrics to quantitatively evaluate the main task: (1) *success rate* and (2) *minimum distance*. We declare a success whenever the pelvis of the humanoid has been continuously in contact with the seat surface for 3.0 seconds. We report the success rate over 10,000 trials by spawning the humanoid at random locations. Note that the success rate evaluates task completion with a hard constraint and does not reveal the progress when the humanoid fails. Therefore we also compute the per-trial minimum distance (in meters) between the pelvis and the center of the seat surface, and report the mean and standard deviation over the 10,000 trials.

As noted in the last section, the task can be challenging when the initial position of the humanoid is unconstrained. To better analyze the performance, we consider two different initialization settings: (1) *Easy* and (2) *Hard*. In the Easy setting, the humanoid is initialized from roughly 2 meters away on the front half plane of the chair (i.e. Zone 1 in Fig. 4), with an orientation roughly towards the chair. The task is expected to be completed by simply walking forward, turning around, and sitting down. In the Hard setting, humanoid is initialized again from roughly 2 meters away but on the lateral and rear sides of the chair (i.e. Zone 2 and 3 in Fig. 4). It needs to walk around the chair to sit down successfully.

http://mocap.cs.cmu.edu.

<sup>&</sup>lt;sup>2</sup>https://blog.openai.com/roboschool/.

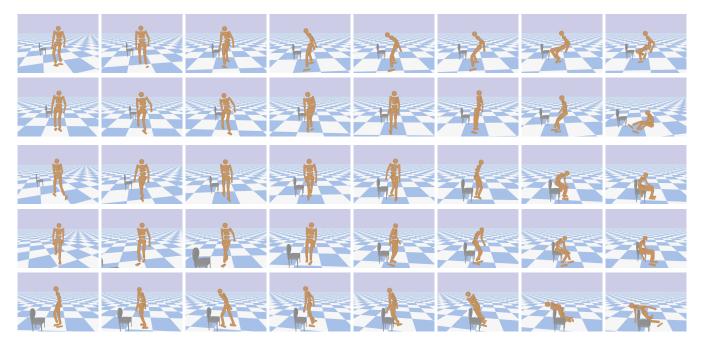


Figure 5: Qualitative results of our approach and the baselines. Row 1 and 2 show failure cases from the kinematics and physics baselines, respectively. The former violates physics rules (e.g. sitting in air), and both do not generalize to new human-chair configurations. Row 3 to 4 show two successful cases and row 5 shows one failure cases from our approach.

Subtask	Initial Pose	Succ Rate (%)
left turn	mocap	87.02
right turn	mocap	67.59
sit	mocap	99.25
Subtask	Initial Pose	Succ Rate (%) w/o FT w/ FT
left turn	walk	0.09 51.12
right turn	walk	1.96 58.31
sit	left or right turn	32.94 87.41

Table 2: Evaluation of individual subtasks.

Easy Setting We benchmark our approach against various baselines in this setting. We start with two non-hierarchical baselines. The first is a kinematics-based method: we select a mocap clip with a holistic motion sequence that successively performs walking, turning, and sitting on a chair. When a trial begins, we align the first frame of the sequence to the humanoid's initial pose by aligning the yaw of the root. Once aligned, we simply use the following frames of the sequence as the kinematic trajectory of the trial. Note that this method is purely kinematic and cannot reflect any physical interactions between the humanoid and chair. The second method extends the first one to a physics-based approach: we use the same kinematic sequence but now train a controller to imitate the motion. This is similar to (Peng et al. 2018a) and equivalent to training a subtask controller except the subtask is holistic (i.e. containing walk, turn, and sit in one reference motion). Both methods are considered non-hierarchical as neither performs task decomposition.

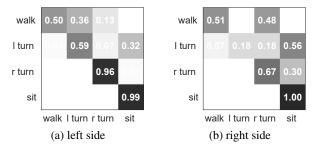


Figure 6: Transition matrices from two sides of the chair.

Tab. 1 shows the quantitative results. For the kinematics baseline, the success rate is not reported since we are unable to detect physical contact between the pelvis and chair. However, the 1.2656 mean minimum distance suggests that the humanoid on average remains far from the chair. For the physics baseline, we observe a similar mean minimum distance (i.e. 1.3316). The zero success rate is unsurprising given that the humanoid is unable to get close to the chair in most trials. As shown in the qualitative examples (Fig. 5), the motion generated by the kinematics baseline (row 1) is not physics realistic (e.g. sitting in air). The physics baseline (row 2), while following physics rules (e.g. falling on the ground eventually), still fails in approaching the chair. These holistic baselines perform poorly since they simply imitate the mocap example and repeat the same motion pattern regardless of their starting position.

We now turn to a set of *hierarchical* baselines and our approach. We also consider two baselines. The first one always

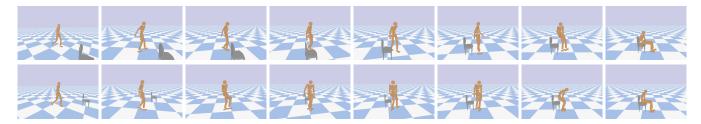


Figure 7: Qualitative results on the Hard setting. The humanoid can sit down successfully when starting from the back side of the chair.

	Succ Rate (%)	Min Dist (m)
Zone 1	31.61	$0.3303 \pm 0.2393$
Zone 2 w/o CL	0.00	$0.5549 \pm 0.2549$
Zone 2	<b>10.01</b>	$0.5526 \pm 0.3303$
Zone 3 w/o CL	4.05	$0.5636 \pm 0.2263$
Zone 3 w/ CL	<b>7.05</b>	$0.5262 \pm 0.2602$

Table 3: Comparison of the Easy and Hard settings. The curriculum learning strategy improves the performance.

executes the subtasks in a pre-defined order, and the meta controller is only used to trigger transitions (i.e. a binary classification). Note that this is in similar spirit to (Clegg et al. 2018). We consider two particular orders:  $walk \rightarrow left$   $turn \rightarrow sit$  and  $walk \rightarrow right$   $turn \rightarrow sit$ . The second one is a degenerated version of our approach that uses either only left turn or right turn: walk / left turn / sit and walk / right turn / sit.

As shown in Tab. 1, hierarchical approaches outperform non-hierarchical approaches, validating our hypothesis that hierarchical models, by breaking a task into reusable subtasks, can attain better generalization. Besides, our approach outperforms the pre-defined order baselines. This is because: (1) the main task cannot always be completed by a fixed order of subtasks, and (2) fixing the order increases training difficulty because certain missing transitions (e.g.  $left\ turn \rightarrow walk$ ) are necessary for recovery from mistakes. Finally, our full model outperforms the baselines that only allow turning in one direction. This suggests the two turning subtasks are complementary and being used in different scenarios, e.g. in Fig. 5,  $walk \rightarrow right\ turn \rightarrow sit$  when starting from the chair's right side (row 3), and  $walk \rightarrow left\ turn \rightarrow sit$  when starting from the chair's left side (row 4).

Analysis As can be seen in Tab. 1, the success rate is still low even with the full model (i.e. 31.61%). This can be attributed to three factors: (1) failures of subtask execution, (2) failures due to subtask transitions, and (3) an insufficient subtask repertoire. First, Tab. 2 (top) shows the success rate of individual subtasks, where the initial pose is set to the first frame of the reference motion (i.e. as in stage one of subtask training). We can see the execution does not always succeed (e.g. 67.59% for *right turn*). Second, Tab. 2 (bottom) shows the success rate for the same subtasks, but with the initial pose set to the last frame of the execution of another subtask

(i.e. as in stage two of subtask training). With fine-tuning the success rate after transitions can be significantly improved, although still not perfect. Finally, Fig. 5 (row 5) shows a failure case where the humanoid needs a "back up" move when it is stuck in the state of directly confronting the chair. Building a more diverse subtask skill set is an interesting future research problem.

To analyze the meta controller's behavior, we look at the statistics on the switching between subtasks. Fig. 6 shows the subtask transition matrices when the humanoid is started either from the right or left side of the chair. We can see that certain transitions are more favored in certain starting areas, e.g. walk—left turn is favored over walk—right turn when started from the left side. This is in line with the earlier observation that the two turning subtasks are complementary.

**Hard Setting** We now increase the task's difficulty by initializing the humanoid in Zone 2 and 3 (Fig. 4), and show the effect of the proposed curriculum learning (CL) strategy. Tab. 3 shows the results from different initialization zones. First, we observe a severe drop in the success rate when the humanoid is spawned in Zone 2 and 3 (e.g. from 31.61% to 4.05% for "Zone 3 w/o CL"). However, the success rate is higher in both zones when the proposed curriculum learning strategy is applied (e.g. from 4.05% to 7.05% in Zone 3). This suggests that a carefully tailored curriculum can improve the training outcome of a challenging task. Note that the difference in the minimum distance is less significant (e.g. 0.5549 for "Zone 2 w/o CL' versus 0.5526 for "Zone 2"), since without CL the humanoid can still approach the chair, but will fail to turn and sit due to the difficulty in learning. Fig. 7 shows two successful examples when the humanoid is spawned from the rear side of the chair. Interestingly, the humanoid learns a slightly different behavior (e.g. *walk*  $\rightarrow$  *sit* without *turn*) compared to when starting from the front side (row 3 and 4 in Fig. 5).

### Conclusion

We address motion synthesis of an interactive task—sitting onto a chair. We introduce a hierarchical reinforcement learning approach which relies on a collection of subtask controllers trained to imitate reusable mocap motions, and a meta controller trained to execute the subtasks properly to complete the main task. We experimentally demonstrate the strength of our approach over different non-hierarchical and hierarchical baselines, and show an application to motion prediction given an image.

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# **Ethical Impact**

The immediate impact of our work is a new virtual environment and benchmark for synthesizing human sitting motions. This will facilitate follow-up work in this area. Ultimately our work will be a small step towards simulating human actions and activities. This is the key to building virtual environments with realistic human agents, an important tool for training collaborative robots to safely interact and work alongside humans as mentioned in the introduction.

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