Human-AI Collaborative Sub-Goal Optimization in Hierarchical Reinforcement Learning

Haozhe Ma, Thanh Vinh Vo, Tze-Yun Leong

School of Computing, National University of Singapore, Singapore haozhe.ma@comp.nus.edu.sg, votv@comp.nus.edu.sg, leongty@comp.nus.edu.sg

Abstract

Hierarchical reinforcement learning often involves human expertise in defining multiple sub-goals to decompose complex objectives into relevant sub-tasks. However, manually specifying these sub-goals is labor-intensive, costly, and prone to introducing biases or misleading the agent. To overcome these challenges, we propose a collaborative human-AI algorithm that seamlessly integrates with hierarchical models to automatically update prior knowledge and optimize candidate sub-goals. Our algorithm can be easily incorporated into a wide range of goal-conditioned frameworks. We evaluate our approach in comparison with relevant baselines, we demonstrate the effectiveness of our algorithm in addressing and preventing negative inferences arising from confusing or conflicting sub-goals. Additionally, our algorithm shows robustness across different levels of human knowledge, accelerating convergence towards optimal sub-goal spaces and hierarchical policies.

Introduction

Hierarchical reinforcement learning (HRL) is a promising approach for solving complex problems involving longduration tasks with delayed and sparse rewards. By modeling problems at different levels of abstraction, HRL can improve learning efficiency and reduce computational burden. It can also facilitate transfer learning by enabling the reuse of high-level policies. One common approach to designing hierarchical structures is to divide the overall target into multiple sub-tasks by setting corresponding subgoals. Many popular efforts focus on the two-level hierarchical structure (Kulkarni et al. 2016; Nachum et al. 2018; Pateria et al. 2021): the high level optimizes the policy to select a sub-goal representing a short-term task; the low level learns the policies to achieve the targeted sub-goals. However, defining appropriate sub-goals often requires extensive domain knowledge. Moreover, the sub-goal space introduces bias and in severe cases, some confusing sub-goals may lead to sub-optimal policies.

Figure 1 illustrates an example of a housekeeping robot with the primary objective of cooking dinner. However, humans may inadvertently introduce misleading sub-goals, such as "turning off the TV" or "going to the bedroom,"



Figure 1: A robot example of including confusing sub-goals into a cooking dinner task.

which can divert the agent away from the optimal solution. Intelligent agents should help eliminate bias and exclude knowledge that may lead the agent off-track into "risky" or "dangerous" states or regions in deriving optimal policies. To automatically detect and correct misleading human knowledge or confusing sub-goals in different solution contexts, we propose a Human-AI collaborative sub-Goal Optimization (HAI-GO) algorithm¹. Unlike the approaches that rely entirely on automatic discovery (McGovern and Barto 2001; Şimşek and Barto 2008; Menache, Mannor, and Shimkin 2002; Sukhbaatar et al. 2018; Mahadevan and Maggioni 2007; Liu et al. 2021), our algorithm leverages human-AI cooperation, where humans encode general and domain-specific knowledge in defining the sub-goals, while machines optimize sub-goal selection in deriving optimal policies. Given a candidate sub-goal space, HAI-GO maintains a critic function to evaluate the utility of selecting each sub-goal. The algorithm can be flexibly embedded into a wide range of HRL frameworks without modifying their original structures, enabling the agent to determine an optimal sub-goal space and converge to the corresponding optimal hierarchical policies.

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We evaluate our HAI-GO algorithm in complex maze environments and finds that it effectively identifies optimal sub-goals based on relevant performance measures. Compared to some sub-goal discovery baselines: L-Cut (Simsek, Wolfe, and Barto 2005) and the Hierarchical DRL algorithm with Automatic Discovery of Sub-goals (HADS) (Liu et al. 2021), our algorithm shows more reasonable (or humanunderstandable) results with detailed distributions. We further show that HAI-GO is robust in detecting and filtering potentially confusing pre-defined sub-goals through various candidate spaces with different degrees of integrated human knowledge. Compared to some state-of-the-art HRL methods: hierarchical Deep Q-Networks (h-DQN) (Kulkarni et al. 2016) and HADS (Liu et al. 2021), our algorithm works well even with pre-defined knowledge that involves misleading sub-goals and outperforms the baselines.

Methodology

We consider an environment \mathcal{E} that our intelligent agent interacts with. Suppose $G = \{g_1, g_2, ..., g_N\}$ is a candidate sub-goal space defined based on prior knowledge. We assume that these sub-goals are responsibly defined and cover a subset of positive decomposition of the overall task. We define a critic function represented as a set of independent Bernoulli distributions for each candidate sub-goal as $\mathbf{q} = \{q_1(w_1; \lambda_1), q_2(w_2; \lambda_2), ..., q_N(w_N; \lambda_N)\}. \lambda_i, i \in$ $\{1, 2, ..., N\}$ are the parameters we aim to optimize. For each $q_i(w_i; \lambda_i)$, the random variable $w_i \in \{0, 1\}$ indicates to select sub-goal g_i by $w_i = 1$ or not to select it by $w_i = 0$. We initialize an HRL agent with the high-level module and low-level module. Our HAI-GO algorithm simultaneously learns both the critic function and the hierarchical policies. The optimal sub-goal space G^* can be finally obtained based on the learned critic function after training.

Hierarchical Structure with Sub-Goal Policy

HAI-GO is designed as an additional component in HRL agents that learns a high-level policy to select one sub-goal as a short-term target. One simple prototype consists of two levels: at each time step, the high level selects a sub-goal based on its policy π^h representing a short-term task that the agent is expected to complete in next stage; the low level selects an elementary action based on its policy π^l in the following N steps, where N > 1 is an integer hyper-parameter representing the expected steps for the low level to complete a particular sub-goal. The high level revises a new sub-goal after N steps or after the low level completes the current one.

The high-level interaction model is defined by a Markov Decision Process (MDP) $\langle S, G, T^h, R^h, \gamma^h \rangle$, where S is a set of states, G is the sub-goal space, T^h is the high-level transition function that describes the probability of transiting to the next state after taking a low-level sub-policy, and R^h is the high-level reward function. A discounted factor γ^h is introduced for problems with infinite horizons to bound the accumulated reward. The main target is to learn the policy π^{h^*} : $S \rightarrow G$ to maximize the discounted high-level return $R_t^h = \sum_{\tau=t}^{\infty} \gamma^{h^{\tau-t}} r_t^h$. We implement Q-

learning-based algorithms to approximate the $Q^h(s, g; \theta)$ by minimizing the temporal difference error (TD-error), i.e., the distance between temporal difference target (TD-target) $y_t = r_t^h + \gamma^h \max_{g'} Q^h(s_{t+N}, g'; \theta)$ and the predicted Qvalue $Q^h(s_t, g_t; \theta)$. The low level learns a policy to select the elementary action given a state s_t as well as the sub-goal g_i instructed by the high level, $a_t = \pi^l(s_t|g_i)$, which can be trained by any applicable flat RL algorithms. We will show how HAI-GO can be embedded into this general framework.

HRL with Sub-Goal Optimization

Our proposed HAI-GO algorithm integrates human expertise with automatic calculation, enabling the agent to start from a human-specified sub-goal space and gradually refine the candidate knowledge. The agent learns the critic function $\mathbf{q} = \{q_i(w_i; \lambda_i)\}$ to generate filtered sub-goal spaces \hat{G} during training. \hat{G} only contains the sub-goals whose entry $w_i = 1$ dominates the entry $w_i = 0$, where the high level will select one sub-goal from. We define $Q_{\hat{G}}(s, g; \theta)$ as the Q-function conditional on the filtered sub-goal space \hat{G} . Similarly, we denote the conditional TD-target and the loss function as $y_{\hat{G}}$ and $L_{\hat{G}}$ respectively. Based on the conditional assumption, we have:

$$L_{\hat{G}} = 0.5 \left(y_{\hat{G}} - Q_{\hat{G}}(s, g; \theta) \right)^2.$$
(1)

The main objective of HAI-GO to optimize the critic function is to update $q_i(w_i; \lambda_i)$ to be one best approximation to the real posterior $p_i(w_i|y_{\hat{G}})$. The posterior gives the distribution of indicator w_i conditional on the corresponding TDtarget. We adopt a variational inference approach (Blei, Kucukelbir, and McAuliffe 2017; Zhang et al. 2018) to optimize the parameters λ_i . We minimize the KL-divergence of $q_i(w_i; \lambda_i)$ and $p_i(w_i|y_{\hat{G}})$ for i = 1, 2, ..., N, which is

$$D_{KL}(q_i(w_i;\lambda_i)||p_i(w_i)) - \mathbb{E}_{w_i \sim q_i(w_i;\lambda_i)}[\log p(y_{\hat{G}}|w_i)],$$

where $p_i(w_i) \sim \text{Bernoulli}(\delta_i)$ is a prior, and δ_i is a hyperparameter. Eq. (1) indicates that $y_{\hat{G}} = Q_{\hat{G}}(s, g; \theta) + \epsilon_{\hat{G}}$, where $\epsilon_{\hat{G}} \sim \mathcal{N}(0, \sigma^2)$. Hence, we have $\log p(y_{\hat{G}}|w_i) = -L_{\hat{G}} + constant$. Thus, the loss function for each candidate is:

$$L(\lambda_i) = \mathbb{E}_{w_i \sim q_i(w_i;\lambda_i)}[L_{\hat{G}}] + D_{KL}(q_i(w_i;\lambda_i)||p_i(w_i)).$$

As we assume that all Bernoulli distributions are independent, we minimize the total loss: $L(\lambda) = \sum_{i=1}^{N} L(\lambda_i)$.

HAI-GO Embedded HRL Frameworks

To timely influence the agent training, we adopt an ϵ -greedy strategy to control our HAI-GO component to gradually affect the high-level policy learning by providing the filtered \hat{G} . With an increasing probability of ϵ , the high level selects one sub-goal only from \hat{G}_t , with the probability of $1 - \epsilon$, from the initial candidate space. The HAI-GO embedded HRL will converge to both the optimal critic function and the optimal policies. An overview of the interaction of the HAI-GO and a goal-conditioned HRL framework is shown in Figure 2.



Figure 2: An overview of the hierarchical reinforcement learning framework with our proposed HAI-GO algorithm embedded in.



Figure 3: Comparison of the discovered sub-goals.

After learning, we derive the optimal sub-goal space G^* based on the learned distributions. We define a threshold $\phi > 0$, if the difference between two entries is over the threshold, $q_i(w_i = 1; \lambda_i) - q_i(w_i = 0; \lambda_i) > \phi$, the subgoal g_i will be included in G^* . The complete model is also able to achieve an optimal hierarchical policy, while fully exploited the learned sub-goal space G^* . Furthermore, both the derived sub-goals and the policies can be transferred easily to similar tasks.

Experiments

Sub-Goal Discovery

In this section, we show the sub-goal discovery of our HAI-GO compared with two baselines: the L-Cut (Şimşek, Wolfe, and Barto 2005), a graph-theory-based approach and the HADS (Liu et al. 2021), a pre-trained process before HRL learning. We compute the normalized difference between the two entries $\phi_{g_i} = q(w_i = 1; \lambda_i) - q(w_i = 0; \lambda_i)$ to indicate the intensity of selecting each candidate. The optimized distribution is shown in Figure 3. In addition to indicating the two paths as the most important sub-goals, our results present an interesting feature, that is, the closer to the final state the more important the candidate is, which is more reasonable from the human perspective.

Human Knowledge Refinement

In this section, we compare our HAI-GO with two HRL baselines: h-DQN (Kulkarni et al. 2016) and HADS (Liu et al. 2021), to evaluate the learning performance and the ability to refine the encoded human knowledge. We designed two configurations representing different degrees of prior knowledge: one with **general** candidates which include



Figure 4: Comparison of human knowledge refinement.

grids located in the rooms; the other one with **confusing** subgoals that may mislead the agent to useless exploration. The two configurations with their corresponding convergence are shown in Figure 4. As compared to the baselines, our approach learns the importance of each sub-goal and applies it to the agent training. The unimportant and confusing subgoals can be filtered out and only the optimal ones are retained, thus resulting in the fastest convergence.

Conclusion

We proposed HAI-GO, a human-AI collaborative sub-goals optimization algorithm that integrates human expertise into intelligent agent learning. HAI-GO maintains a critic function to eliminate biases and refine the encoded human knowledge, resulting in faster convergence and stable learning performance. The optimal sub-goal space derived by HAI-GO provides a better understanding of complex environments, and can be easily transferred to the tasks in the same domain. The algorithm is highly expandable and flexible to be embedded into goal-conditioned HRL frameworks. Future work should focus on real-time human-AI collaboration, defining better performance measures, and accurately defining sub-goal spaces.

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